

CERTIFICATE

OF PARTICIPATION

This is to certify that

Jon Kock

Has successfully participated & completed the

10km Cowhouse Summer Trail Run 2017

held at Cowhouse Market.

TIME 01:09:12

PACE 06:54/km

OVERALL 53 of 104

GENDER 36 of 55

50 - 59 2 of 7

28 January 2017, Sat

Date



BoutTime

Signature